



Philmont Cavalcade 2007

Troop 149 High Adventure

*“no one ever wrote home about the views from Base Camp”
– found on the wall of a latrine at Miner’s Park*

Tonight's Agenda

- Itinerary Selection & Costs
- Preparation
- Gear Requirements
- Questions & Discussion



Itinerary Selection

- Date Pairs
 - Two treks leave every day
 - Six nights on the trail
 - Eight days at Philmont
- Northern & Southern Treks
- Ten Treks in each section
 - PACKS booklet next March listing trek itinerary
 - “There are no bad trek at Philmont”



Costs

- Philmont Fee of \$590
- Travel Costs
- Personal Gear
- Spending Money
 - Travel meals
 - Souvenirs
- Emergency Funds
- Estimated \$900 - \$1,000



Philmont Fee

<u>Item</u>	<u>Amount</u>	<u>Status</u>
Initial Deposit	\$50.00	Due Tonight
First Payment	\$270.00	Sept. 12, 2006
Final Payment	\$270.00	Feb. 13, 2007
Total	\$590.00	

Council Assistance Available for Low Income
(See me in private for more information if interested)



Travel Options

- **Plane**
 - Fly to Albuquerque, Denver or Colorado Springs
 - (A) Bus to Cimarron & Shuttle Bus to Philmont, or
 - (B) Rent vans to Philmont
- **Train**
 - Metra to Union Station Chicago
 - Amtrak from Chicago to Raton
 - Shuttle bus to Philmont



Travel Costs

- Dependent upon selected travel mode.
- 2004 Crew spent \$200 for Metra, Amtrak & Shuttle bus
- 2004 estimated \$500 for airfare & coach bus combo
- Southwest Airlines in Denver so fares may come down
- Decision by fall



Other Costs

- **Personal Gear**
 - Depends upon what each scout needs.
Personal gear will be covered later in the presentation.
- **Spending Money**
 - Approx. \$100-\$150/scout for snacks and souvenirs.
- **Emergency Funds**
 - Leaders will carry funds for emergencies



Medical Forms

- Philmont Forms distributed later
 - Not BSA Class III Medical forms
- Photocopy of Insurance card
- Adult Advisor Must have both before leaving
- Medications
 - Scout will be responsible for own medications
- OTC Permission Slips
 - Tylenol, Aspirin, Benedryl, Ammodium AD, etc.



Crew Discipline

- Horses before crew
- Crew before self
- Chores before R&R
- Safety First
- Low Impact Camping – even on horseback
- Zero Tolerance



Conditioning

- 3-part physical training program
 - Aerobic program to build up cardiovascular system
 - strength program to tone most used muscle groups.
 - Pre-trek training to acclimate feet to hiking boots.
- *Review your exercise plan & Philmont physical form with your doctor before starting training!*



Pre-Trek Training

- Several weekends and periodic meetings
 - Content to be developed by Advisors
 - Schedule built with crew input
 - Commitment to agreed upon schedule
- Practice the “Philmont way”
- Develop “horse sense”
- Build camaraderie & teamwork!!!



Daily Routine

- Wake early
- Groom horses
- Saddle horses
- Break camp
- Breakfast on trail
- Corral horses
- Take care of tack
- Set up crew gear
- Set up personal gear
- Wash hiking clothes
- Cook & eat lunch
- Program area
- Cook & eat dinner
- Evening program



Crew Gear

Philmont Provides

- Tents
- Dining tarp/fly
- Rope
- Bear bags
- Cooking pots

Troop Brings

- Stoves
- 1 Liter Fuel bottles (2)
- Cooking pots(1-2)
- Pocket knives (2)
- Oops bag



Personal Gear

- Heeled boots (cowboy?)
- Hiking boots
- Fanny pack or small day pack
- Sleeping bag & pad
- Rain suit
- Personal clothes
 - Shirts, pants/shorts, socks, etc.
- Misc. (Gear list provided later on)



Hiking Boots

- Leather is heavier & more expensive
- Break in by wearing before hikes
- Expect to pay \$75 - \$150
- Wait until early spring for growing boys
- Waterproof (NikWax or similar sealer)



Rain Suit

- Pants & Jacket
- No ponchos
- No plastic or PVC
- Breathable Material
- Doubles as outer shell/layer for cold weather



Sleeping Bag

- Light weight synthetic good to 20-30° F
- Avoid Down. Loses insulation traits when wet
- Good self-inflating Pad
- Waterproof stuff sack or plastic bags



Clothes

- No Cotton! Synthetic or wool only. (maybe)
- Three sets of clothes
 - Riding clothes
 - Campsite clothes (maybe)
 - Sleeping clothes
- More information on clothes and personal gear later as I learn more from Philmont



T-Shirts

- Synthetic, Moisture Wicking
- Crew logo silkscreen
 - Suggested placement on sleeve
- Design contest
 - Troop #
 - Trek #
 - Year



Hiking Socks

- Thorlo Hiking sock
- Smart Wool/Marino Wool
- Coolmax anklet
- Buy new socks. Old socks compress



Questions & Discussion



A scenic landscape at sunset or sunrise. The sky is filled with dark, dramatic clouds, some of which are illuminated from below by the sun, creating a golden glow. The sun is positioned low on the horizon, casting a bright orange and yellow light across the sky and the landscape. Below the horizon, there are several layers of rolling mountains, with the foreground mountains appearing in silhouette. In the lower foreground, the dark silhouettes of evergreen trees are visible against the lighter background of the mountains and sky.

Philmont

Here we come!